Capitol Squash Academy

Mission and Values

Mission

Inspiring passion. Building talent. Growing champions.

From beginners to competitors, we help every player unlock their potential and enjoy the game of Squash for life.

Values

We are proud to represent St Helens. We play with **PRIDE.**

Passion – We share our love for squash and inspire others to enjoy the game for life.

Resilience – We encourage determination, discipline, and a positive mindset on and off the court.

Inclusivity – We welcome players of all ages, abilities, and backgrounds.

Decency – Always doing what's right and fair.

Excellence – We strive for the highest standards in coaching, playing, and personal growth.